



30 AMP soils also point to higher N retention in these systems. These findings provide evidence  
31 that AMP grazing is a management strategy to sequester C in the soil and retain N in the  
32 system, thus contributing to climate change mitigation.

### 33 **1. Introduction**

34 Grasslands hold a large amount of soil organic matter (SOM) averaging up to 173 Mg C  
35 ha<sup>-1</sup> down to a 1 meter depth in U.S. temperate grasslands (Schlesinger, 1977). Grasslands also  
36 extend over vast areas in the U.S. and those that are grazed by large ungulates cover over 30%  
37 of total U.S. land (Bigelow and Borchers, 2012). Grassland management improvements have  
38 been identified as a climate change mitigation strategy that could have a high impact due to its  
39 large potential area of adoption, sequestering up to 0.3 to 1.6 Pg CO<sub>2</sub> eq. per year (Paustian et  
40 al., 2016). Optimizing grazing intensity is also expected to have significant ecosystem services  
41 co-benefits to soil carbon (C) sequestration, such as reduced disturbance to plant-insect  
42 interactions and reduced water use (Bossio et al., 2020), and increased nitrogen (N) retention  
43 (de Vries et al., 2012).

44 Under conventional grazing (CG) management, stocking rate is the management control  
45 variable that attempts to align forage availability with animal forage requirements and animals  
46 are continuously left in an area or are infrequently rotated. When left free to graze, cattle tend  
47 to congregate in areas with nutritious forage and deplete forage quickly (Teague et al., 2013;  
48 Barnes et al., 2008). These areas will thus experience high rates of erosion, bare patches of  
49 ground, and have a harder time regenerating (Teague et al., 2016; Teague et al., 2004; Bailey et  
50 al., 1998). Such overgrazing from CG management has led to losses of soil C and ecosystem  
51 function from grasslands (Teague, 2018; Conant and Paustian, 2002; Conant et al., 2001) as well

52 as altered N cycling, increased erosion, and runoff of plant available water and nutrients  
53 (Piñeiro et al., 2010; Milchunas and Laurenroth, 1993).

54         Conversely, several types of rotational grazing can restore grassland ecosystem function  
55 and have beneficial impacts on soils as well (Conant et al., 2003; Dubeux et al., 2006; Teague et  
56 al., 2011; Machmuller et al., 2014; Teague, 2018; Stanley et al., 2019). However, many of the  
57 studies examining rotational grazing were performed on a smaller scale, with different levels of  
58 management and animal rotation, which produced results of varying magnitudes and directions  
59 (Briske et al. 2008, Teague et al., 2015). This has made it difficult to understand where and  
60 when improvements in management will have significant benefits to the soil environment.

61 Rotational grazing is a broad term that is defined in many ways and can include systems ranging  
62 from 2 to 40+ paddocks, which can greatly influence the level of animal movement and  
63 management intensity. Some rotational grazing systems can be prescriptive with regularly  
64 planned animal movements or more flexible, where animal movements are based on available  
65 forage growth (Undersander et al., 2002). In this research, we focus on adaptive multi-paddock  
66 (AMP) grazing, a form of short-duration rotational grazing at high stocking densities that some  
67 farmers have adopted with the goal of increasing soil and plant health and animal well-being.

68         AMP involves using multiple fenced paddocks, which are grazed for short periods (hours  
69 to days, depending on the season), during which plant consumption is monitored (aimed to  
70 leave ~50% forage uneaten), followed by an adequate time of recovery after grazing to allow  
71 vegetation regrowth (Teague et al., 2013). AMP grazing management adjusts livestock numbers  
72 to not exceed available forage and to avoid overstocking and overgrazing. Additionally, AMP  
73 practitioners seek to minimize the use of external inputs (i.e., fertilizers, herbicides, pesticides).

74 Among other benefits, AMP grazing can increase biodiversity, plant nutrition and cow health  
75 (Teague et al., 2016). However, we currently lack information on the effect of AMP grazing at  
76 large scales, and on the C distribution across different SOM fractions and soil depths. This  
77 points to the need for studies comparing AMP with CG management, across differing soil types,  
78 environmental conditions, and assessing soil C changes over soil depths and beyond the bulk  
79 soil, in functionally distinct SOM fractions.

80 Soil C exists in a variety of chemical and physical forms, and to fully understand soil C  
81 responses to management, it is important to separate bulk soil C into functionally distinct  
82 fractions (Lavallee et al., 2020), which form and stabilize through distinct pathways (Cotrufo et  
83 al., 2019; Cotrufo et al., 2015). Four SOM fractions with distinct properties and functions are:  
84 (1) light particulate organic matter (light POM;  $<1.85\text{g cm}^{-3}$ ), made of partly decomposed plant,  
85 and to a lesser extent, microbial structural residues (Christensen, 2001); (2) heavy sand-sized  
86 POM (heavy POM;  $>1.85\text{g cm}^{-3}$  and  $>53\mu\text{m}$ ) made of more decomposed plant and microbial  
87 compounds coating sand-sized particles and often protected by aggregates (Golchin et al.,  
88 1997); (3) dissolved organic matter (DOM), made of readily bioavailable low-molecular weight  
89 soluble or suspended compounds derived from labile plant inputs, root exudates, and microbial  
90 metabolites (Kalbitz et al., 2000), which can exchange with (4) mineral-associated organic  
91 matter (MAOM;  $>1.85\text{g cm}^{-3}$  and  $<53\mu\text{m}$ ), made of low-molecular weight compounds and  
92 microbial extracellular polymeric structures chemically bonded to minerals (Kleber et al., 2015).  
93 Separating and quantifying SOM into these functionally meaningful fractions increases the  
94 power of detection of C stock changes while providing more information about the mechanisms

95 driving SOM accrual, its persistence, and vulnerability to disturbance and management  
96 practices.

97 Our study evaluated the effect of grazing management on soil C and N storage across  
98 the southeast region of the United States, by comparing AMP grazing with CG management.  
99 We analyzed soils from five paired, neighboring AMP and CG farms located on grasslands in the  
100 southeast United States. Based on previous research, we expected that, with higher cattle  
101 stocking densities combined with adequate pasture rest time and vegetation regrowth (Table  
102 2), AMP grazing management would have higher soil C and N stocks. In turn, we expected the  
103 increases in soil N to result in higher MAOM formation (Cotrufo et al., 2013; Averill and Waring,  
104 2018), and overall increased N retention in AMP grazing relative to CG management.

## 105 **2. Methods**

### 106 *2.1 Study Sites*

107 Study sites represented a latitudinal gradient from Adolphus, Kentucky through  
108 Woodville, Mississippi (Table 1). The AMP and paired, adjacent CG managed farms were  
109 selected through a careful screening process. First, we used an online survey which was created  
110 with input from the regional Natural Resource Conservation Service agency (USDA-NRCS) as  
111 well as other grazing organizations (i.e., GrassFed Exchange) to identify AMP farmers in our  
112 region of interest. Ninety farmers claiming to practice AMP grazing completed the survey. We  
113 selected 25 farms for in-person visits, based on their self-reported management practices. We  
114 focused on specific management criteria including: stocking rates, number of paddocks, animal  
115 movement frequency, paddock recovery times, legacy of fertilization, liming, and herbicide use,  
116 and length of management history. We then searched for a potential CG neighboring farm

117 grazing on areas under the same soil type and aspect as the perspective AMP farms (Table 1;  
118 Supplemental Figure 1), and with a similar land use history (Table 2). The final selection of the  
119 most representative five pairs of neighboring AMP and CG farms was based on the farms that  
120 most closely represented our definition of AMP grazing with a neighbor practicing CG, which is  
121 the most common and representative grazing management in the region based on county  
122 averages (Table 2).

123         We used the amount of paddocks as the key definer of management practice,  
124 influencing amount of rest days, as well as stocking densities. Specifically in this study, the AMP  
125 treatment had >40 paddocks, stocking rates > 1 animal unit ha<sup>-1</sup>, stocking densities > 60 animal  
126 unit ha<sup>-1</sup>, and a rest:grazed day ratio of >40 days, while the CG treatment had values below  
127 these thresholds (Table 2). This resulted in a clear management separation between the  
128 selected CG and AMP farms (Supplementary Figure 2). Interestingly, conventional practices are  
129 much more similar among them, while AMP grazing being “adaptive” by definition spans a  
130 broader range of practices. We also confirmed that each neighboring pair had one or two  
131 pastures on the same soil type to allow for valid comparisons by testing preliminary soil cores in  
132 the field and mid-infrared spectroscopy (MID-IR) analysis (Table 1; Supplementary Figure 1). On  
133 the other hand, the five pairs provided a broad range of soil types common to the southeast  
134 U.S. region (Table 1).

### 135         2.2. Soil sampling and processing

136         Our soil sampling followed the VM0021 “Soil Carbon Quantification Method” which is  
137 approved for the carbon marketplace (Verra, 2011). At each grazed farm, we sampled two  
138 representative catenas on the identified common soil type using three sampling zones (~10-

139 30m in width) representing either the upper, middle, and lower slope position of the catena  
140 (Supplemental Figure 3). Within each sampling zones, we randomly chose seven soil sampling  
141 locations. Each of the seven soil cores were collected with an ATV mounted Giddings hydraulic  
142 sampling unit to a 1 meter depth (average core depth of 85cm). The cores were 5cm in  
143 diameter and were extracted using direct push with no turning or torsional compaction risk that  
144 would impact bulk density. We extracted core samples in plastic sleeves for a total of 42 cores  
145 per farm and 420 cores total (Supplemental Figure 3). All soil sampling occurred in May-June  
146 2018.

147 Cores were delivered to Colorado State University in protective crates where they were  
148 stored at 5°C until they were processed within four weeks of arrival. Processing began by  
149 making sure there was no soil compression during transport. Soil core lengths were  
150 documented in the field and were checked to make sure the cores were the same length upon  
151 delivery. We next separated each core into horizons and depth increments by recording the  
152 depth and extracting the A-horizon using a knife. Then we extracted the depth increments  
153 below the A-horizon to 30cm, 30-50cm, and 50-100cm. We sieved each soil sample through  
154 8mm wire mesh, and removed rocks, roots, and noticeable litter, which were oven-dried and  
155 weighed. A representative soil sample from each depth increment was measured for  
156 gravimetric water content and the remaining sample was de-quarantined by heat treatment in  
157 a 110°C oven, according to USDA APHIS protocol. After heat treatment, we sieved the soils  
158 through 2mm wire mesh, and any remaining rock, root, and litter fragments were removed,  
159 cleaned of any dried soil, and quantified. The weight of the removed materials was used to  
160 adjust bulk density and estimate standing root mass at the time of sampling, which were

161 determined using the core method for each core depth increment (Mosier et al., 2019). We did  
162 not have the resources to analyze all root biomass samples for %C. Therefore, we obtained  
163 standing root C stocks by applying 45% C average estimates to the observed root mass (Ma et  
164 al., 2018).

### 165 *2.3 Soil elemental and isotopic analyses*

166 To determine total soil C and N concentrations and  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$  natural abundances  
167 we ground and analyzed a subsample of the 2mm sieved, oven-dried soil by dry combustion on  
168 a Costech ECS 4010 elemental analyzer (Costech Analytical Technologies, Valencia, CA, USA)  
169 coupled with a Delta V Advantage isotope ratio mass spectrometer (Thermo-Fisher, Bremen,  
170 Germany). We also tested the soils for the presence and amount of inorganic C using an acid  
171 pressure transducer connected to a voltage meter (Sherrod et al., 2002). Inorganic C  
172 concentrations were generally negligible, but if any was found, it was removed from the total C  
173 amount to allow us to determine total organic C. Total organic C and N stocks were determined  
174 by sample, using C and N concentrations and bulk density measurements.

### 175 *2.4 MID-IR spectrometry analyses*

176 We characterized all soils chemically by MID-IR to verify that soils from paired farms  
177 were fundamentally similar and had the same underlying mineralogy. Only A-horizon spectra  
178 are reported here, since the spectra at depth did not provide any additional relevant  
179 information. Additionally, we compared the organic band spectra of the A-horizon between  
180 paired soils, to identify if grazing management had any specific effect on SOM chemistry. We  
181 focused on the A-horizon because this is where most of the plant and soil biological activity  
182 occurs (Scott and Moebius-Clune, 2017) and therefore expected it to be the most sensitive to

183 chemical changes from grazing management. Soils were analyzed using a Digilab FTS 7000  
184 spectrometer (Varian, Inc., Palo Alto, CA, USA) with a Pike AutoDIFF diffuse reflectance sampler  
185 (Pike Technologies, Madison, WI, USA) for spectral analysis. The MID-IR (4000-400  $\text{cm}^{-1}$ ) pseudo  
186 absorbance was obtained using a KBr background and deuterated triglycine sulfate detector.  
187 Each spectrum was made of 64 co-added scans and 4  $\text{cm}^{-1}$  resolution. Organic band  
188 assignments were informed by Parikh et al. (2015).

### 189 *2.5 Soil organic matter fractionation*

190 The 2mm sieved samples were composited by sampling zone to create a representative  
191 sample for each sampling zone at each depth. There were six sampling zones per grazed farm  
192 for a total of 60 zones, and four representative depths for each zone. This gave us a total of 240  
193 composited samples for the SOM fractionation analysis (Supplemental Figure 3). We  
194 fractionated each composited sample similar to Mosier et al. (2019), but modified to sample for  
195 the DOM fraction and to disperse aggregates prior to the separation of light POM, heavy POM,  
196 and MAOM. Briefly, we added DI  $\text{H}_2\text{O}$  to 6g of 2mm oven-dried composited soil and shook for  
197 15 minutes, then centrifuged for 15 minutes at 3400 rpm. Then we poured off the DOM  
198 fraction and analyzed for total organic C and total N on a Shimadzu TOC-L/TNM-L Analyzer  
199 (Shimadzu Corporation, Kyoto, Japan). To the remaining soil, we added sodium polytungstate  
200 ( $1.85\text{g cm}^{-3}$ ) and dispersed aggregates by reciprocal shaking for 18 hours. After dispersion we  
201 centrifuged the sample for density fractionation and aspirated the light POM ( $<1.85\text{g cm}^{-3}$ ) from  
202 the rest of the soil. We then thoroughly rinsed the residual soil and separated into heavy POM  
203 ( $>53\mu\text{m}$ ) and MAOM ( $<53\mu\text{m}$ ) by wet sieving. All fractions were analyzed for %C and %N on an  
204 elemental analyzer as described above for the bulk soils.

205            *2.6 Data analyses*

206            We assessed the effect of grazing management type and pair location on %C, %N, bulk  
207 density, total soil organic C and N stocks,  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$  soil signatures, as well as the  
208 distribution of each SOM C stock between functionally distinct fractions (DOM, light POM,  
209 heavy POM, and MAOM) with a general linear mixed-effects model using a significant alpha  
210 level of  $p < 0.05$ . Grazing management type, farm pair, as well as their interaction were treated  
211 as fixed effects. We accounted for our sampling design by using a nested block as one random  
212 effect in our model (sampling zone nested within catena). This allowed us to look at the overall  
213 effect of grazing management type across all farm pairs as well as the differences in grazing  
214 management type between each farm pair while accounting for any variability between each  
215 catena and sampling zone. The 1 meter deep C and N stock data were calculated using only 377  
216 cores (rather than all 420) because some of the soil cores did not reach past the 50cm depth.  
217 Additionally, some SOM fractions and isotope values were left out of the analysis because some  
218 samples had too little material to get accurate data from the elemental analyzer. The exact  
219 sample numbers are reported in each figure legend. R software was used for all analyses (R  
220 version 3.3.1; R core Team, 2016) with the lme4 package (Bates et al., 2015) and the factextra  
221 package (Kassambara, 2019).

222            We performed a combination of log and square root transformations when the data was  
223 non-normally distributed or had unequal variance. We tested factors associated with  
224 management (i.e., number of paddocks, fertilization, stocking density) and the environmental  
225 differences (i.e., MAP, MAT, soil type) among farms as covariates (Table 1 and Table 2). We  
226 ultimately left out all of the covariates from the final model as none of the management or

227 environmental factors were significant nor did they confound our main model effects. All  
228 covariate information was either collected by us and other project partners through on the  
229 ground measurements, farmer interviews and surveys, or derived from local climate stations.

### 230 **3. Results**

#### 231 *3.1 Total soil organic carbon stocks*

232 On average, there was 13% more total soil organic C to 1 meter depth on AMP farms  
233 compared to CG farms. The average total soil organic Mg C ha<sup>-1</sup> ± standard error on AMP farms  
234 was 72.49 ± 1.25 while CG farms had on average 64.02 ± 1.04 (Figure 1a; p=0.02). Across all  
235 pairs, the increase in soil organic C stocks was most pronounced in the A-horizon depth, but  
236 was significantly higher at each depth increment down to 50cm (Figure 1a; Supplemental Table  
237 1). Individual farm pairs varied from 4% lower to 22.75% greater soil C stocks (Figure 2a). There  
238 was only one farm pair (Pair 4) where CG had greater soil organic C stocks compared to AMP,  
239 and another farm pair (Pair 1) where AMP had higher soil organic C stocks compared to CG, yet  
240 in both cases differences were not statistically significant (Figure 2a; Supplemental Table 2). The  
241 other three farm pairs had significantly more soil organic C under AMP grazing than CG (Figure  
242 2a; Supplemental Table 2).

#### 243 *3.2 Total standing root carbon stocks*

244 Overall, standing root mass C stocks were relatively small compared to the total soil  
245 organic C stocks (Figure 2b). Across all farm pairs, there was significantly more total standing  
246 root mass C (Mg C ha<sup>-1</sup> ± standard error) on CG farms compared to AMP farms (6.99 ± 0.40 and  
247 3.30 ± 0.23 respectively, p=0.01). This result was driven by the two southernmost farm pairs  
248 (Pairs 4 and 5), where on average CG farms had over four times more standing root biomass C

249 than AMP farms. In the other three farm pairs, there was no difference in root biomass C  
250 between grazing types (Figure 2b). When standing root biomass C and total soil organic C were  
251 combined and averaged across farm pairs, AMP farms still had greater total belowground C (Mg  
252 C ha<sup>-1</sup> ± standard error) than CG farms (75.79 ± 1.31 and 71.01 ± 1.09 respectively; p= 0.04).

### 253 *3.3 Total soil nitrogen stocks*

254 Total soil N stocks (Mg N ha<sup>-1</sup> ± standard error) were significantly greater in AMP farms  
255 (9.26 ± 0.14) relative to CG farms (8.52 ± 0.13) (Figure 1b; p<0.01). Along the 1 meter depth,  
256 there was on average over 8% more soil N in AMP farms compared to CG farms (Figure 1b).  
257 These differences in soil N stocks were most prominent in the A-horizon, but they were still  
258 significantly higher at each depth increment down to 50cm (Figure 1b; Supplemental Table 1).  
259 Total soil N stocks were consistent for all five farm pairs, with AMP farms having 7.8% to  
260 12.39% greater soil N stocks than CG, but were only statistically significant on three farm pairs  
261 (Figure 2c).

### 262 *3.4 Bulk density, %C and %N*

263 Differences in soil organic C and N stocks were the result of differences in C and N  
264 concentrations, not bulk density. We found no significant differences in bulk density between  
265 grazing managements at any of the core depth increments except in the 50-100cm depth. Only  
266 in the 50-100cm depth did the CG farms have on average higher bulk density (1.51g cm<sup>-3</sup>) than  
267 the AMP farms (1.44g cm<sup>-3</sup>; p=0.014; Supplemental Table 1). We measured significantly higher  
268 C and N concentrations on AMP farms compared to CG farms at every core depth increment

269 except the 50-100cm depth (Supplemental Table 1). At this deepest depth, we found no  
270 differences in either C or N concentrations.

### 271 *3.5 Soil organic matter fraction carbon*

272 Soil organic C distribution shifted towards the MAOM fraction in AMP farms at all soil  
273 depth increments measured. Overall, there was 25% more C in the MAOM fraction on AMP  
274 farms compared to CG farms, with average MAOM C stocks ( $\text{Mg C ha}^{-1} \pm \text{standard error}$ ) of  
275  $56.14 \pm 1.98$  in AMP and  $44.82 \pm 1.01$  in CG farms (Figure 3; Supplemental Table 2;  $p < 0.01$ ).  
276 Additionally, there was 15% more C in the heavy POM fraction on AMP farms compared to CG  
277 farms, with AMP having  $9.80 \pm 0.36$  and CG having  $8.47 \pm 9.27$   $\text{Mg C ha}^{-1}$  in heavy POM (Figure  
278 3; Supplemental Table 2;  $p = 0.02$ ). Similarly, we found significantly more DOM C in the AMP  
279 farms compared to the CG farms ( $2.50 \pm 0.13$  compared to  $2.19 \pm 0.14$ , respectively) however,  
280 this fraction only contributed 3% of the total soil C (Figure 3; Supplemental Table 2;  $p < 0.01$ ). In  
281 contrast, there were no overall differences in the amount of C found in the light POM fraction,  
282 with the exception of Pair 5, where AMP had significantly more light POM than CG (Figure 3;  
283 Supplemental Table 2). Overall, farm location was not a significant factor in the general linear  
284 mixed-effects model for any of the SOM fractions besides DOM (Supplemental Table 2),  
285 suggesting a generalizable response of C distribution across SOM fractions to grassland  
286 management.

### 287 *3.6 Soil organic matter fractions C:N ratios*

288 Soil N distribution across SOM fractions generally followed the C distribution. However,  
289 the AMP farms had a lower C:N ratio in the A-horizon of the bulk soil and several of the SOM

290 fractions when compared to CG farms. Across all pairs, there were no differences in the A-  
291 horizon C:N ratio of the MAOM fraction (Supplemental Table 3), but the A-horizon C:N ratio  
292 (average  $\pm$  standard error) was lower in the heavy POM ( $13.18 \pm 0.43$  compared to  $14.91 \pm 0.43$ ,  
293  $p=0.02$ ), light POM ( $15.87 \pm 0.48$  compared to  $18.00 \pm 0.48$ ;  $p=0.04$ ), and DOM fractions ( $7.36 \pm$   
294  $0.33$  compared to  $8.02 \pm 0.40$ ;  $p=0.04$ ) on AMP farms relative to CG farms (Supplemental Table  
295 3). This trend of lower fraction C:N continued down to 50cm, but the differences were much  
296 less pronounced and not statistically significant below the A-horizon (Supplemental Table 3).

### 297 *3.7 Natural abundance soil $\delta^{13}C$ and $\delta^{15}N$ values*

298 We measured lower natural abundance  $\delta^{13}C$  signatures in AMP bulk soils at all depths  
299 compared to CG bulk soils. However, this was only significant in the top two depth increments  
300 (Figure 4a;  $p<0.01$ ). This result was consistent across all farm pairs in the A-horizon depth and  
301 all but Pair 2 in the bottom of A-horizon to 30cm depth (Supplemental Table 4). AMP bulk soil  
302  $\delta^{13}C$  values ranged from -21.6 to -23.2 whereas CG bulk soil  $\delta^{13}C$  values ranged from -20.8 to -  
303 21.2 (Figure 4a). Additionally, we found a trend of lower natural abundance  $\delta^{15}N$  signatures in  
304 AMP bulk soils at all depth compared to CG bulk soils. This finding was only significant from the  
305 bottom of the A-horizon to 30cm and the 30-50cm depth increments (Figure 4b;  $p<0.01$ ) and  
306 varied across farm pairs (Supplemental Table 4). For example, we found no significant  
307 differences in  $\delta^{15}N$  values between AMP and CG in soils from Pairs 1 and 5, whereas the other  
308 three pairs had significantly lower  $\delta^{15}N$  values on the AMP farms (Supplemental Table 4). AMP  
309 bulk soil  $\delta^{15}N$  values ranged from 3.7 to 5.2 whereas CG bulk soil  $\delta^{15}N$  values ranged from 4.1 to  
310 6.2 (Figure 4b).

### 311 *3.8 MID-IR spectroscopy*

312 Overall, the paired AMP and CG soils had very similar spectral features with the same  
313 underlying mineralogy as revealed by the MID-IR spectra (Supplemental Figure 1). On the other  
314 hand, spectra were different across pairs, confirming that we spanned a broad range of soils  
315 from the southeast U.S. region in our study (Table 1).

316 In order to identify if grazing management had induced any changes in the chemical  
317 features of SOM, we performed spectral subtractions by pair to isolate specific organic spectral  
318 features of AMP grazing as compared to CG management (Figure 5). Pair 3 had the greatest  
319 response to AMP management in terms of total belowground C and heavy POM (Supplemental  
320 Table 2). For this pair, the AMP bulk soil spectra had higher absorbance than the CG bulk soil at  
321 several bands: 2930-2850  $\text{cm}^{-1}$  (Aliphatic C-H), 1690  $\text{cm}^{-1}$  (C=O stretch), 1610  $\text{cm}^{-1}$  (Unassigned),  
322 1520  $\text{cm}^{-1}$  (Aromatic C=C, or amide N-H), 1250  $\text{cm}^{-1}$  (Possibly carboxylic acid C-O), and 1160  $\text{cm}^{-1}$   
323 (C-OH stretch, attributed to polysaccharides). Pairs 2, 4, and 5 had greater MAOM C in AMP  
324 soils compared to CG soils (Supplemental Table 2). In these pairs, the MID-IR spectra of the  
325 AMP bulk soils had higher absorbance at different points within the 3700-3100  $\text{cm}^{-1}$  region,  
326 which included absorbances attributed to O-H and N-H stretch. In addition, Pair 2 AMP soils had  
327 higher absorbance at 1560  $\text{cm}^{-1}$  and 1540  $\text{cm}^{-1}$  (Amide N-H), while Pair 5 AMP soils had slightly  
328 higher absorbance at 1650  $\text{cm}^{-1}$  (Amide C=O) and 1720  $\text{cm}^{-1}$  (Carboxylic acid C=O) compared to  
329 CG soils. Pairs 1, 4, and 5 showed greater clay peaks around 3700  $\text{cm}^{-1}$  in AMP soils compared  
330 to CG. Pair 3 had a marked decrease in absorbance at 3700  $\text{cm}^{-1}$  in AMP soils, suggesting that  
331 the higher soil C might be coating some of the clay material, preventing its detection.

#### 332 4. Discussion

333 Consistent with our hypothesis, we observed that soils under AMP grazing had on  
334 average 9 Mg C ha<sup>-1</sup> more soil organic C than soils under CG (Figure 1a; Supplemental Table 2).  
335 Our study sites had soil C stocks similar to those (i.e., 35-51 Mg C ha<sup>-1</sup> down to 30-50cm depth)  
336 reported for grassland soils in the southeast region of the U.S., as well as other grassland  
337 regions of the U.S., Australia, and New Zealand (Machmuller et al., 2014; Hendrix et al., 1998;  
338 Conant et al., 2003; Stanley et al., 2019; Beare et al., 2014). It is however, difficult to compare  
339 across studies because of the diversity of grazing management types analyzed, the time since  
340 management conversion, and the unknown legacy of previous land uses. Despite these  
341 limitations, farms that implemented forms of rotational grazing in the southern U.S. had higher  
342 soil C stocks compared to other conventional forms of grazing (Conant et al., 2003; Teague et  
343 al., 2011). In other regions such as Australia, no significant differences in soil C stocks between  
344 rotational and conventional grazing have so far been reported, likely due to difficulty capturing  
345 paddock heterogeneity, and confounding fertilizer application effects (Sanderman et al., 2015;  
346 Chan et al., 2010). While our study demonstrates that AMP management results in higher soil C  
347 stocks along the soil profile compared to conventional grazing, there was a discrepancy  
348 between our results and results analyzing other types of rotational grazing from around the  
349 world. This points to the need for more world-wide testing of AMP grazing management effects  
350 on soil C stocks using comparable methodology and also an analysis of the drivers of soil C stock  
351 changes to enable generalization and forecasting of AMP management effects.

352 A first potential driver for the increases in soil C stocks is the increase in soil C inputs.  
353 While our study was not designed to quantify C inputs at the different farms, we measured

354 standing roots and quantified light POM, which generally tracks structural C inputs  
355 (Christensen, 2001). We found large differences in root C stocks between farm pairs (Figure 2b;  
356 Supplemental Table 2). Contrary to our expectation, two out of the five CG farms had much  
357 greater root C stocks than AMP farms, while there was no difference between grazing types and  
358 root C stocks at the other three farms. Unfortunately, we only sampled roots once, and thus  
359 cannot make any inference on their productivity or turnover. However, we did not find any  
360 differences between grazing management types for light POM stocks (Figure 3; Supplemental  
361 Table 2). This SOM fraction is useful for tracking structural plant inputs because light POM  
362 represents plant litter inputs often in the early stages of decomposition (Christensen, 2001).  
363 This observation, coupled with the inconsistency between root C and soil C stocks suggest that  
364 either root structural inputs are not the primary source for soil C formation in these soils, or  
365 that root turnover is slower and does not necessarily result in efficient SOM formation in CG  
366 soils, as compared to AMP soils.

367         A second potential driver for increases in soil C stocks is changes in the quality of soil C  
368 inputs. Our isotopic results showed that there were differences in the plant community  
369 composition, which would affect the chemical quality of the plant inputs to the soil. Overall  
370 AMP farms consistently had lower natural abundance soil  $\delta^{13}\text{C}$  signatures than CG farms (Figure  
371 4a; Supplemental Table 4). The differences in soil  $\delta^{13}\text{C}$  values between grazing managements  
372 are likely due to the photosynthetic pathways (i.e.,  $\text{C}_3$  vs.  $\text{C}_4$ ) of the dominant vegetation,  
373 and/or its water use efficiency. It is possible that CG farms had more  $\text{C}_4$  vegetation compared to  
374 AMP farms because these plants have a much higher  $\delta^{13}\text{C}$  signature than  $\text{C}_3$  plants (Farquhar et  
375 al., 1989). Lower soil  $\delta^{13}\text{C}$  values can also indicate lower plant water stress and greater water

376 use efficiency when there is similar aboveground vegetation (Farquhar et al., 1982). Thus, the  
377 overall lower soil  $\delta^{13}\text{C}$  values on AMP farms could be due to higher abundance of  $\text{C}_3$  and/or  
378 lower water stress. AMP farmers in Pairs 4 and 5 also indicated that they seeded cool season  $\text{C}_3$   
379 grasses. Carbon derived from  $\text{C}_3$  plants has been found to have higher persistence in soils than  
380 from  $\text{C}_4$  plants (Wynn and Bird, 2007). However, there was not a consistent relationship  
381 between the soil  $\delta^{13}\text{C}$  and C stocks, indicating that vegetation type ( $\text{C}_3$  vs.  $\text{C}_4$ ) was not a  
382 dominant driver of soil C stock changes between grazing managements. On the other hand, the  
383 light and heavy POM fractions had lower C:N ratios under AMP grazing (Supplemental Table 3).  
384 The lower C:N ratio of the POM fractions on AMP farms may indicate higher quality inputs that  
385 are more accessible to microbes, which could lead to faster turnover of roots and SOM inputs  
386 as well as higher efficiencies in the utilization by microbes (Averill and Waring, 2018; Schimel  
387 and Weintraub, 2003), and therefore result in more efficient SOM formation, in particular of  
388 the MAOM fraction (Cotrufo et al., 2013).

389 Consistent with soil C stocks and the lower C:N of POM, we found that AMP had higher  
390 soil N stocks than CG farms across the sampled region (Figure 1b; Supplemental Table 2). On  
391 average, AMP grazing farms had soil N stocks that were  $1 \text{ Mg N ha}^{-1}$  higher than to CG farms.  
392 However, none of our AMP farms added inorganic N, whereas two of our CG farms (Pairs 2 and  
393 3) implemented inorganic N inputs (Table 2). AMP farms have cattle in greater concentrations  
394 for shorter periods of time, which more evenly distributes organic N inputs from feces and  
395 urine to the soil without overloading it (Teague et al., 2018). Our findings confirm previous  
396 estimates of higher soil N stocks under rotational grazing compared to conventional grazing  
397 (Conant et al., 2003). However, other studies have found no differences in soil N stocks

398 between grazing managements (Dubeux et al., 2006; Silveira et al., 2013; Altesor et al., 2006).  
399 This could be due to the fact that these studies were comparing grazing management practices  
400 that are different from the practices used in our study. Additionally, the discrepancy of the  
401 results could also be because these studies only compared grazed vs. un-grazed plots (Altesor  
402 et al., 2006), or N stocks were compared across a gradient of N fertilization rates (Dubeux et al.,  
403 2006) and only short-term responses were measured (Silveira et al., 2013).

404 Our isotopic results showed that AMP farms had lower natural abundance soil  $\delta^{15}\text{N}$  than  
405 CG farms (Figure 4b). The differences in soil  $\delta^{15}\text{N}$  between grazing managements could in part  
406 be due to inorganic N fertilization on CG farms from Pairs 2 and 3 (Table 2; Supplementary  
407 Table 2). Inorganic N fertilizers tend to have a higher  $\delta^{15}\text{N}$  signature, which can increase the soil  
408  $\delta^{15}\text{N}$  values (Handley and Scrimgeour, 1997). However, we do not know the  $\delta^{15}\text{N}$  natural  
409 abundance of these added inputs and cannot confirm that the increase in soil  $\delta^{15}\text{N}$  on CG farms  
410 is a direct result of inorganic N fertilization. Soil N isotopes can also inform about the openness  
411 of the N cycle. Lower soil  $\delta^{15}\text{N}$  values can indicate more efficient and less leaky N cycling  
412 (Handley and Scrimgeour, 1997). Our findings of higher N stocks in the farms that did not apply  
413 inorganic N fertilizers combined with the lower soil  $\delta^{15}\text{N}$  signatures in particular at depth on  
414 AMP farms point to these farms being more efficient at cycling and retaining N in their soils.

415 As we hypothesized, AMP management also resulted in greater stabilization of the soil C  
416 stocks. We found higher MAOM C stocks in the soils under AMP grazing compared to the soil  
417 under CG (Figure 3; Supplemental Table 2). Based on the different pathways of MAOM and  
418 POM formation (Cotrufo et al., 2015; Haddix et al., 2016) we know that higher quality inputs

419 and higher N availability can lead to higher microbial C use efficiency and increases in MAOM  
420 stocks (Cotrufo et al., 2013; Averill and Waring, 2018). This is because microbes need N for  
421 metabolism and previous research shows that the majority of MAOM has undergone some sort  
422 of microbial transformation (Miltner et al., 2002; Kallenbach et al., 2016). This further highlights  
423 the importance of N for microbial activity, their efficient transformation of C inputs, and MAOM  
424 formation. Greater soil N stocks as well as lowered C:N ratios of the POM fractions are likely the  
425 reason for why more SOM, specifically MAOM, was able to form and persist. Other studies  
426 have found mixed results when comparing MAOM fractions across grazing studies. For  
427 example, studies that found higher soil N stocks also reported higher MAOM stocks, whereas  
428 studies that showed no differences in soil N stocks also found no differences in MAOM stocks  
429 (Conant et al., 2003; Dubeux et al., 2006; Silveira et al., 2013; Altesor et al., 2006), confirming  
430 the high N demand of C sequestration in MAOM (Cotrufo et al., 2019; van Groenigen et al.,  
431 2006).

432         Similar to MAOM, we consistently saw higher heavy POM C stocks in soils under AMP  
433 grazing relative to soils under CG management (Figure 3; Supplemental Table 2). This sand-sized  
434 organic matter fraction is thought to be at the intermediate stages of decomposition and being  
435 contributed to by both plant and microbial products, but are not stabilized by strong mineral  
436 associations to silt and clay minerals (Christensen, 2001; Grandy and Neff, 2008). Other studies  
437 have found mixed results when comparing POM fractions across grazing studies which were  
438 influenced by things like different vegetation communities and fertilization gradients (Conant et  
439 al., 2003; Dubeux et al., 2006; Altesor et al., 2006). However, of the studies, none had identical  
440 grazing management comparisons or identical soil fraction schemes to the one we used here,

441 which can make direct comparisons challenging. For example, SOM was only separated into  
442 POM and MAOM (Conant et al., 2003; Altesor et al., 2006) or into light and heavy SOM (Dubeux  
443 et al., 2006).

444 Our MID-IR data confirms that the soils from each farm pair are analogous  
445 (Supplemental Figure 1), pointing to any chemical differences being from differences in grazing  
446 management, not from soil type. Our findings from MID-IR scanning show increases in the  
447 mineral signal range for AMP farms. These higher mineral peaks could be due to textural  
448 differences (i.e., more clay); however, they may also be due to the increase in MAOM found on  
449 AMP farms, especially because MAOM was such a large proportion of the total SOM across our  
450 farms (Figure 5). Bands near the  $3620\text{-}3700\text{ cm}^{-1}$  represent clay –OH absorbance in soils (Guillou  
451 et al., 2015), and it is possible that MAOM, due to its clay-rich nature, imparts soil with higher  
452 absorbance in this region. Overall, the chemical differences between grazing managements  
453 were very small. In some of the AMP farms we saw small increases in our fingerprint region  
454 which contains peak signals for organic matter components (Parikh et al., 2015). However,  
455 these differences were not consistent across farm pairs. Within this variability, AMP farms  
456 resulted in changes in organic matter moieties such as C-rich aliphatics to N-rich amides, which  
457 agree with our suggestions that the higher C stocks in AMP soils are due to more efficient  
458 microbial transformation of plant and animal inputs, rather than by increases in structural plant  
459 inputs.

## 460 5. Conclusions

461 Our findings show that the AMP grazing sites had on average 13% more soil C and 9%  
462 more soil N compared to the CG sites, across a 1 meter depth. The greater soil C stocks appears  
463 to be driven by the quality, and likely temporal and spatial distribution, of the C and N inputs  
464 and not so much by the quantity of structural plant inputs (i.e., roots and light POM). We found  
465 evidence for differences in plant community inputs based on our natural abundance  $\delta^{13}\text{C}$   
466 values. Additionally, SOM fractions available for microbial transformation were of higher  
467 quality, with lower C:N ratios on AMP grazing farms relative to CG farms. Since there can be no  
468 long-term C sequestration without available N, higher soil N stocks and N retention in addition  
469 to lower C:N ratios in the POM fractions lead to significantly more persistent C in the MAOM  
470 fraction on AMP grazing farms compared to CG farms. Overall, on average AMP farms had  
471 higher soil C and N stocks, lower soil  $\delta^{15}\text{N}$  signatures, as well as lower C:N ratios in the majority  
472 of SOM fractions relative to CG farms, which highlights the potential of AMP farms to retain  
473 more N and sequester more C. These findings provide evidence that AMP grazing management  
474 could be implemented at large scales as a way to sequester persistent C and mitigate rising  
475 atmospheric  $\text{CO}_2$  levels.

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637 Table 1. Farm pair locations, climate information, soil series and slope descriptions, soil taxa according to USDA taxonomy, as well as individual farm average A-  
638 horizon depths and A-horizon soil textures separated by adaptive multi-paddock (AMP) and conventional grazed (CG) farms.

Farm Pair	Farm Location	MAT (°C)	MAP (cm)	Grazing Practice	Slope (%)	Soil Series	Soil Taxonomy	Average A-horizon depth ± standard errors (cm)	Average A-horizon textures %sand, %silt, % clay (± standard errors)
1	Adolphus, Kentucky	13.75	131.57	AMP	2-6	Trimble gravelly silt loam	Fine-loamy, siliceous, semiactive, mesic Paleudults	13.87 ± 0.56	16.76 (1.58), 52.58 (2.14), 30.66 (0.82)
					6-12				
				CG	2-6			13.51 ± 0.44	25.87 (1.15), 49.64 (1.66), 24.49 (1.11)
					6-12				
2	Sequatchie, Tennessee	14.17	143.15	AMP	0-2	Emory sil loam	Fine-loamy, siliceous, semiactive, Typic Paleudults	14.40 ± 0.80	30.37 (1.60), 35.86 (3.10), 33.76 (2.77)
					2-5	Cumberland silty clay loam	Fine, mixed, semiactive, thermic Rhodic Paleudalfs		
				CG	0-2	Emory sil loam	Fine-loamy, siliceous, semiactive, Typic Paleudults	11.93 ± 0.46	43.11 (1.95), 28.27 (1.46), 28.62 (2.74)
					2-5	Cumberland silty clay loam	Fine, mixed, semiactive, thermic Rhodic Paleudalfs		
3	Fort Payne, Alabama	15.11	141.96	AMP	2-6	Hartsell fine sandy loam	Fine-loamy, siliceous, semiactive, Typic Hapludults	13.33 ± 0.39	64.36 (2.89), 20.95 (1.85), 14.69 (1.22)
					6-10				
				CG	2-6			12.11 ± 0.41	70.04 (1.05), 14.95 (0.78), 15.01 (0.94)
					6-10				
4	Piedmont, Alabama	15.67	135.23	AMP	2-6	Cumberland gravelly loam	Fine, kaolinitic, thermic Rhodic Paleudults	11.65 ± 0.46	47.29 (1.74), 25.99 (2.83), 26.72 (1.88)
					6-10	Cumberland gravelly clay loam	Fine, mixed, semiactive, thermic Rhodic Paleudalfs		
				CG	2-6	Cumberland gravelly loam	Fine, kaolinitic, thermic Rhodic Paleudults	12.04 ± 0.4	54.81 (2.92), 24.62 (1.76), 20.57 (1.52)
					6-10	Cumberland gravelly clay loam	Fine, mixed, semiactive, thermic Rhodic Paleudalfs		
5	Woodville, Mississippi	19.00	164.87	AMP	2-5	Loring silt loam	Fine-silty, mixed, active, thermic Oxyaquic Fagiudalfs	9.87 ± 0.50	23.75 (1.24), 56.63 (1.73), 19.62 (1.01)
					5-8				
				CG	2-5			9.16 ± 0.42	18.38 (2.88), 64.31 (2.64), 17.30 (0.55)
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641 Table 2. Average farm management information from 2018 for each adaptive multi-paddock (AMP) and conventional grazed (CG) farm pair.

Farm Pair	Grazing Practice	Livestock in study area	Total grazeable land (ha)	Total # of animal units (AU)	Average stocking rate (AU/ha)	# of herds	# of AU per herd	Average # of paddocks	Average paddock size (ha)	Average stocking density (AU/ha)	Average grazing period goal (days)	Time to cover full farm (days)	Rest vs. grazed period ratio	Inorganic N inputs	Other inputs	Herbicide inputs	Lime inputs	Length of current management (years)	Land use history
1	AMP	beef cattle, sheep	83	115	1.39	1	115	45	1.84	62.35	2	90	44.00	none	none	none	1.5 tons/acre (0.14x/year)	13	Tobacco & grain crops
	CG	beef cattle	14	11	0.79	1	11	1	14.00	0.79	365	365	0.00	none	none	none	none	6	Tobacco & grain crops
2	AMP	beef cattle	44	113	2.57	1	113	45	0.98	115.57	2	90	44.00	none	none	none	none	12	Row cropped, hay, and grazing
	CG	beef cattle	122	82	0.67	3	27	8	15.25	1.79	135	360	1.67	125 lbs/acre (1x/year) Triple 19	none	1.25 gal/acre (1x/year) 2,4 D	none	>25	Row cropped, hay, and grazing
3	AMP	beef cattle	100	155	1.55	1	155	60	1.67	93.00	1	60	59.00	none	2.5 gal/acre (1x/year) fish emulsion and 5 lbs/acre (1x/year) sea-90 salt	none	none	29	Small grains
	CG	beef cattle	850	700	0.82	14	50	30	28.33	1.76	365	782	1.14	300 lbs/acre (1x/year) Commercial N	1.5 tons/acre (1x/year) Chicken litter	none	1 ton/acre (0.33x/yr)	17	Small grains
4	AMP	beef cattle	37	140	3.78	1	140	123	0.30	465.41	1	123	122.00	none	none	none	none	24	Cotton
	CG	beef cattle	36	35	0.97	1	35	2	18.00	1.94	365	730	1.00	none	none	none	none	>40	Cotton
5	AMP	beef cattle	216	225	1.04	1	225	150	1.44	156.25	1	150	149.00	none	none	none	none	10	Tobacco & grain crops
	CG	beef cattle	65	71	1.09	1	71	7	9.29	7.65	75	525	6.00	none	none	none	none	38	Tobacco, cotton, market gardening & grain crops

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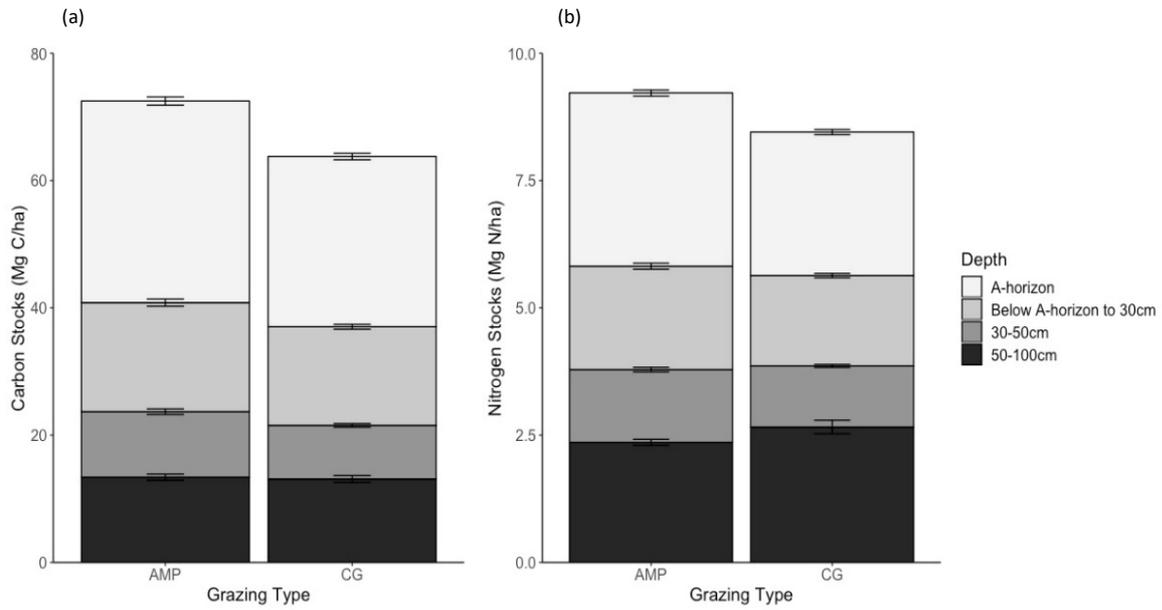


Figure 1. Total soil organic C stocks (a) and total soil N stocks (b) down to 1 meter separated by depth increment and by adaptive multi-paddock (AMP) and conventional grazing (CG) managements. Error bars represent standard errors (n=377 for each depth increment).

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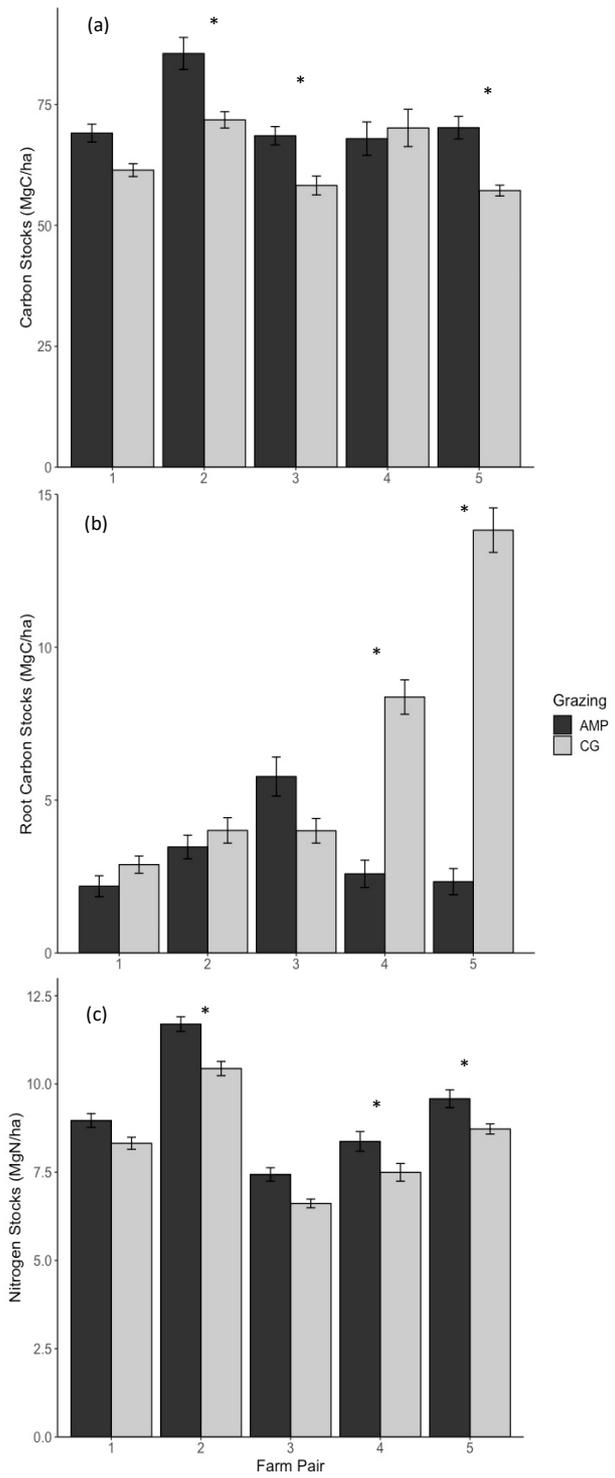


Figure 2. Total organic C stocks (a), total root biomass C stocks (b), and total soil N stocks (c) down to 1 meter separated by farm pairs and by adaptive multi-paddock (AMP) and continuous (CG) grazing managements. Data are averages (n=30-42 per farm), with error bars representing standard errors. Asterisks denote significant differences (p-value<0.05) between farm pairs.

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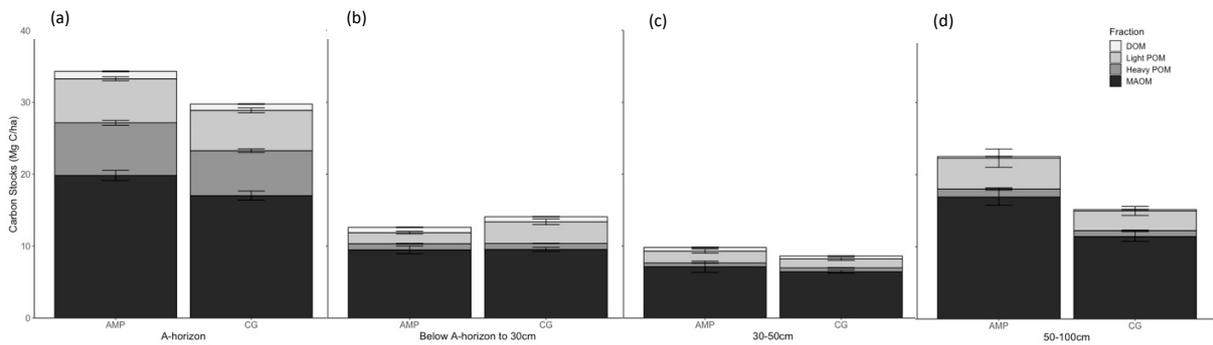
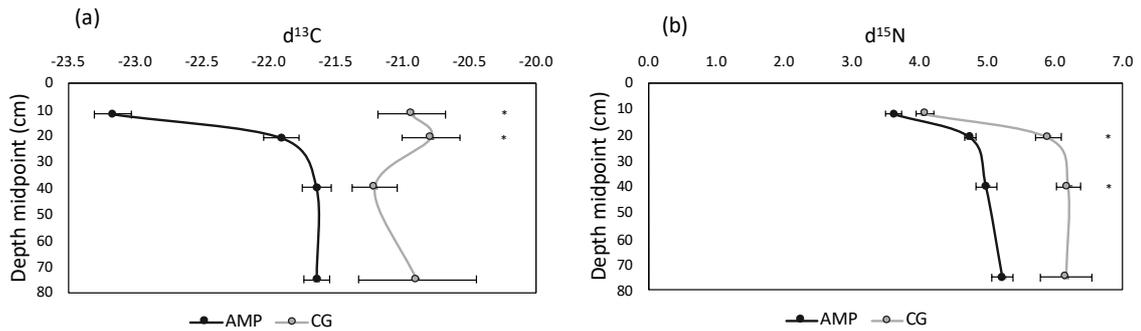


Figure 3. Soil C stocks separated by soil organic matter fraction distribution for A-horizon (a), below A-horizon to 30cm (b), 30-50cm (c), and 50-100cm (d) depth increments, for the adaptive multi-paddock (AMP) and continuous (CG) grazing managements. Data are averages (n=54-60 for each fraction and depth), with error bars representing standard errors. DOM is dissolved organic matter, POM is particulate organic matter, and MAOM is mineral associated organic matter.

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Figure 4. Natural abundance isotopic values for (a) bulk soil  $\delta^{13}C$  and (b) bulk soil  $\delta^{15}N$  in adaptive multi-paddock (AMP) and continuous (CG) grazing grasslands across each depth increment midpoint (cm). Asterisks denote significant differences (p<0.05) between grazing types at each depth increment. Data are averages (n=394-420) with error bars representing standard errors.

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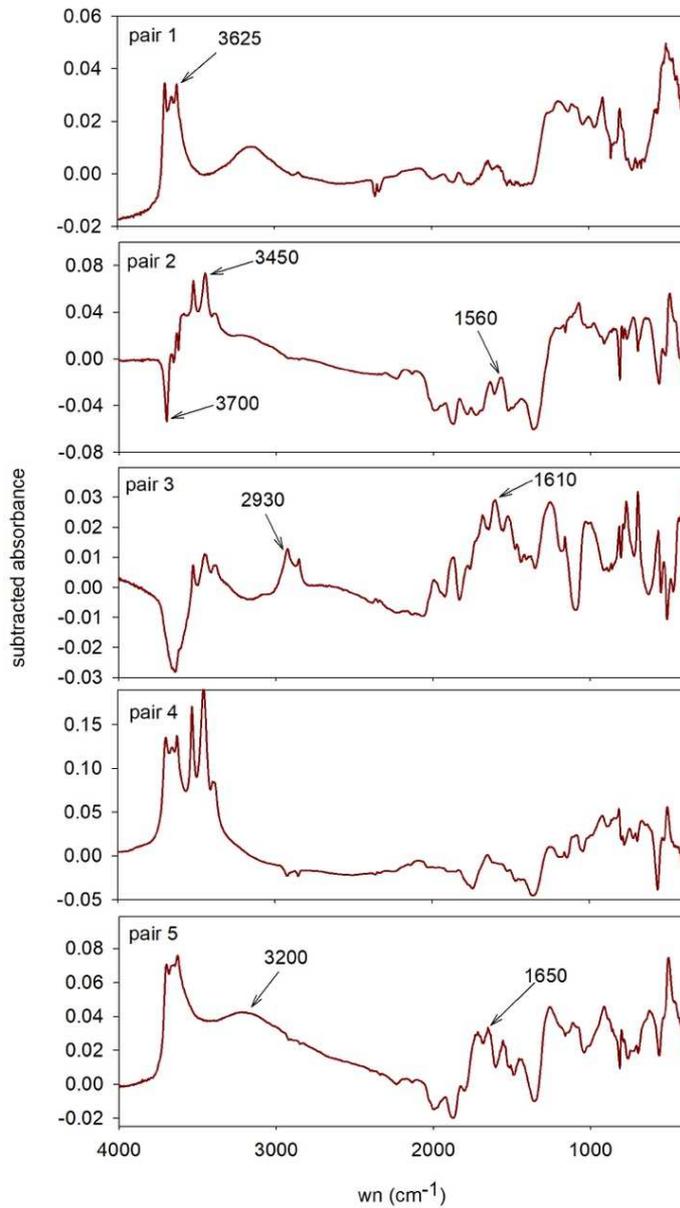


Figure 5. Subtractions of the Fourier transformed mid infrared diffuse reflectance spectra of the A-horizon soils between adaptive multi-paddock (AMP) and continuous (CG) grazing treatments for each farm pair (n=42 per farm). This data represents the baseline corrected AMP spectral average minus the CG average spectrum.